



FLOW NOMADS / PRICING

PRIVATES in-person

Single session €80 incl. VAT (90 minutes)

PERSONAL TRAINING PACKAGES in-person

10 Times - €660 incl. Vat (60 minutes/session, valid for 4 months)

Use these sessions for Personal Training or Yoga.

20 Times - €1250 incl. Vat Monthly (60 minutes/session, valid for 8 months)

Use these sessions for Personal Training or Yoga.

ONLINE COACHING

Starter Plan - €90 ex. VAT / Month (minimum commitment 3 months)

Performance Plan - €150 ex. VAT / Month (minimum commitment 3 months)

Elite Coaching Plan - €300 ex. VAT / Month (minimum commitment 3 months)

EMPLOYEE BENEFITS

We accept Edenred and Epassi payments.

GIFT CARD

If you would like to gift someone the gift of health and wellness, we offer giftcards to all our services that are valid for one year. Choose your own value.